



### **Who is Cheryl?**

*Cheryl is the mother of two children and relocated to the Gold Coast 10 years ago from Western Australia.*

*She is a Kinesiologist,, Natural Therapist and facilitator of women's workshops and holistic health festivals. She is also a Phosologist, (the study of Quantum electrics and light) with Tesla's Innovational Technologies.*

*She has over 25yrs experience with many modalities and is dedicated to assisting others in transforming and working through their fears, phobias and limitations. Through her own personal life's journey, she has much to share about women's issues to do with love, romance and sexuality.*

*Her passion is accessing information through Kinesiology reaching levels of the persons, mind, body and soul When the appropriate information is gained, Cheryl has many techniques to work with, clearing these issues, which then allows the person to become more balanced and whole.*

*Cheryl has a background as a nurse and has had much pleasure in assisting women through their birthing processes. She is currently pursuing midwifery. and balances her work between mainstream and holistic practices.*



This workshop will be a weekend to remember. Allowing you to be in a sacred, safe, loving and supportive atmosphere.

**Presented by**

**Eyesberg Enterprises**

*More than meets the eye*

**For all bookings contact**

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**Workshop / Retreat facilitated by**

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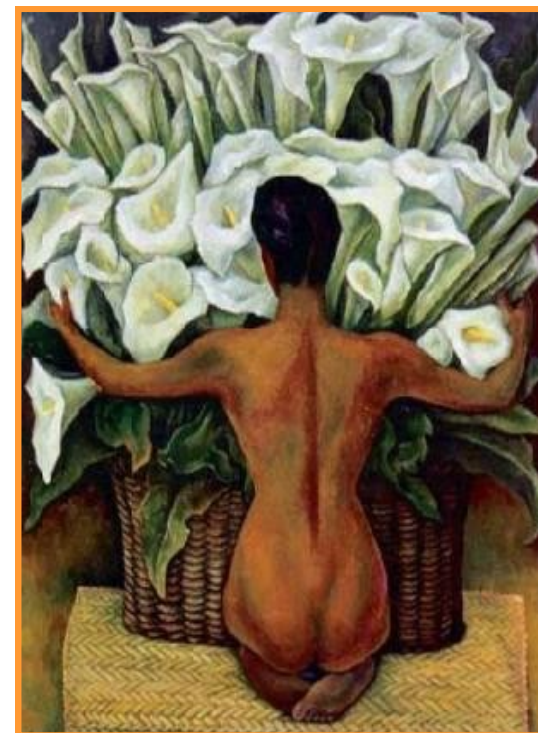
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**Info Hotline**

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# **The Divine Woman Within**

***Love—Romance—Sexuality  
Workshop / Retreat***



**Accessing and transforming limiting beliefs that suppress our true potential within**

## LOVE-ROMANCE-SEXUALITY

### What is our outer world showing us ?

*Do we have the love we want? Do we have romance ? Are we enjoying our sexuality??*

*In my experience, most women are not happy with their relationships, especially with themselves. As women, we have been conditioned to put our selves last, particularly mothers. So in this workshop we will explore the programs, stories and the conditioning we hold within us.*



*Often these programs become a part of our psyches in early childhood and are held deep into the cellular memory. Sometimes we surrogate our parents*

*fears and beliefs and not to mention ancestry and cultural conditioning.*

*Women have been abused and mistreated for centuries, so the beliefs and emotions of unworthiness, guilt and shame , to mention but a few, run deep within us collectively. The patriarchal society, has kept women in chains for too long.*

*Is it any wonder that we have so many suppressions within us? This workshop will take us on a journey to look at these issues in a safe and supportive environment. You will learn important tools to create change.*

### *How many times have we heard the statement -*

***“ We have to learn to love ourselves first before we can receive love from others”***

*We often say, “I do” but in reality we are very hard on ourselves, judgmental and critical of self.*

*In this workshop, I will assist you to find the story that you run from your unconscious programs within. Some of these stories say “I’m not good enough”, “I’m not wanted”, “I’m not being validated”, “I’m not being heard”, “I’m not loved”. All these stories are then supported by sub personalities that you unconsciously created. The critic,*



*the protector, the enabler, the bully. The shadow side of personalities can be debilitating in our life and often sabotage our hearts desires.*

*. The inner child is the main focus of all these patterns and we will be giving her a voice to express her fears and her needs.*

*There is nothing to fear about these sub personality archetypes, in fact they have helped you survive throughout your life. Everything in life has a purpose including you and this purpose is to become the true authentic divine essence of your self.*

*You will be given techniques for transforming the beliefs about yourself and create the life you were meant to live. One of freedom to express the real you, in every moment. Enjoying the beauty within you and allowing the Divine Woman Within to come out and play.*

### *Sample of weekend content.*

Group discussion on Love, Romance and Sexuality and what it means to you.

Learning what your unconscious stories are and how they affect you. (The saboteur/bully)

Learn how to give your body a voice

You will learn techniques for clearing emotional pain

Soul pictures, your unconscious blocks and hidden messages identified, brought to the surface and discussed

Movement through dance

Learning techniques for Sacred Sexuality

Massage

Plenty of laughter and fun

Sweat lodge. (Purification and release).

Facilitated by Walter Smith– shaman healer facilitating Sweat lodge only

**Venue– Solitude —Numinbah Valley QLD**

**Dates 13th 14th 15th August 2010**

**5pm Friday - 5pm Sunday**

**All details of workshop, requirements and what to bring, on registration**

**This Workshop/Retreat includes-**

**Two nights share accommodation with all meals provided and materials supplied**

Your investment of.....\$595.00

Early bird fee .....\$495.00

Payment plan available on application